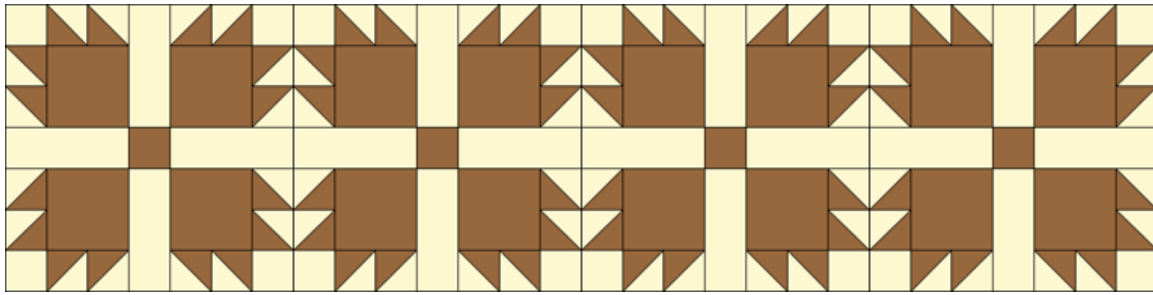




**A Walk in the Woods**  
**Block of the Month**  
**Designed and Created by: Yvonne Katsinis**



# BOM 2020

## A Walk in the Woods

### Part 1: 12" Bear Paws

Make 4

Fabrics:

Background

16 @ 2 ¼ x 2 ¼

16 @ 2 ¼ x 5 ¾

8 @ 5 ¼ x 5 ¼

Brown

16 @ 4 x 4

8 @ 5 ¼ x 5 ¼

4 @ 2 ¼ x 2 ¼

### Half Square Triangles:

Make 64 HST units with the 5 ¼ x 5 ¼ squares, using the Magic 8 (Eight at a time) Half-Square Triangle Units Technique. To figure out how big to make your Magic 8 squares, use the formula: HST finished size x 2 + 1 ¾". Our HST need to be 1 ¾ finished, so...1 ¾" x 2 = 3 ½" + 1 ¾" = 5 ¼"

*If you prefer to trim your blocks, add an extra ¼" and cut your blocks at 5 ½" then trim after you press.*

Place 2 squares with right sides together. Draw a line diagonally corner to corner, both directions, using a mechanical pencil or Frixion pen.

Stitch ¼" on each side of the drawn lines.

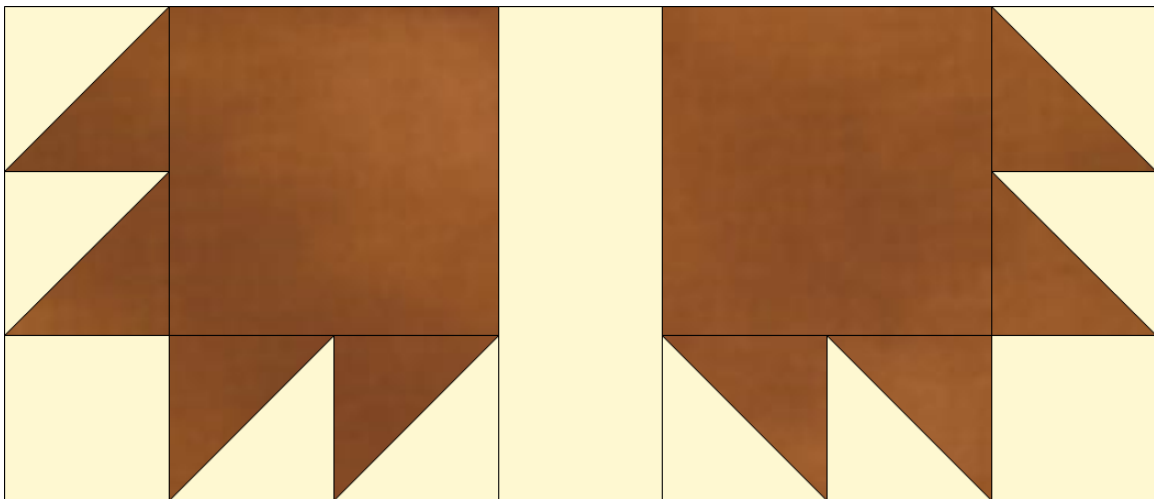
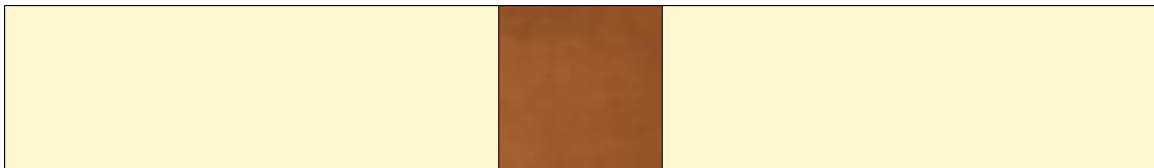
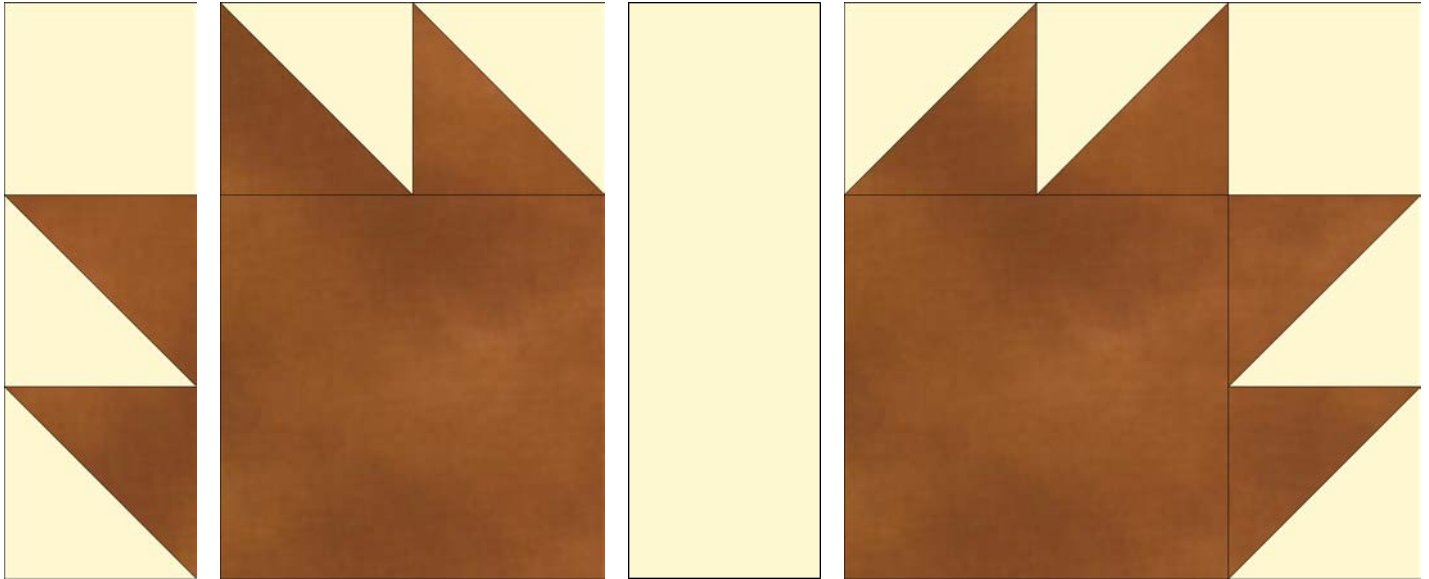
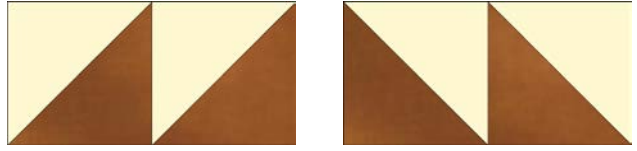
Cut the squares in both directions, horizontally and vertically.

Cut the squares diagonally corner to corner.

Press to the dark side.

**Making Bear Paw Blocks:**

Use the HST Units to make 16 of each:



**Make 4 Bear Paw Blocks**



# BOM 2020

## A Walk in the Woods

### Part 2: 4" Fence

Make 12

Fabrics:

Dark Orange/Red  
3 @ 5 ¼ x 5 ¼  
Light Orange/Yellow  
3 @ 5 ¼ x 5 ¼  
Light/Medium Orange  
12 @ 2 ⅞ x 2 ⅞  
Dark/Medium Orange  
12 @ 2 ⅞ x 2 ⅞

#### No Waste Flying Geese Units:

This technique makes four Geese units at a time. This is a very efficient way to make these popular units.

For every four units you will need:

*The Peak Fabric.* Cut a square that is 1 ¼ inches larger than the finished width of your flying geese. In our case: your geese will need to finish at 2 x 4, so we cut the Peak Fabric 5 ¼" x 5 ¼"

*The Side Triangles.* Cut 4 small squares that are ⅞" larger than the finished height of your flying geese. Ours will be 2 ⅞".

Here is where the fun begins!

You need to pair:

Light Orange/Yellow large squares with the light/medium small squares  
Dark Orange/Red large squares with the dark/medium small squares.

You will make 12 geese out of each combination.

**Step 1.** Draw a line from one corner to the opposite corner on the reverse side of the four small squares. Place two small squares on the large square, right sides together and small squares in opposite corners as shown. The lines on the back show flow together.



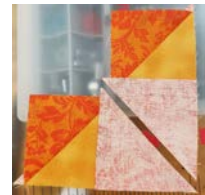
**Step 2:** Make sure all edges of the fabric are aligned and sew two seams, each a scant ¼ inch away from the marked lines. Press the unit to set the seams (press flat, don't open yet). Cut on the drawn line. Now press each unit open, being careful to not stretch the bias.



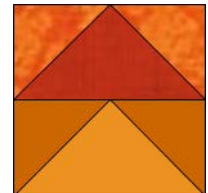
**Step 3:** Place those two units right side up. Arrange a small square in the corner of each unit, right sides together, and marked lines positioned as shown. Sew two seams to attach the new squares to each unit. Press, then cut on the drawn line.



**Step 4:** Press the triangles open to create four flying geese units. They should measure 2 ½ x 4 ½ Trim the dog ears off. Repeat for all combinations.



**Step 5:** You now have 12 Light/Light Medium and 12 Dark/Dark Medium Geese. Sew them together: 6 sets with the Light/Light Medium on the top and 6 sets with the Dark/Dark Medium on the top.



**Step 6:** Sew into a row with the Light/Light Medium pointing right and the Dark/Dark Medium pointing left. Points meeting in the middle as shown.





## BOM 2020

# A Walk in the Woods

## Part 3: 8" Flowers

Make 6

### Fabrics:

#### Background

- 6 @ 2 x 4 ½ (piece A)
- 48 @ 1 ¾ x 1 ¾ (piece B)
- 36 @ 2 ⅛ x 2 ⅛ (piece C)
- 12 @ 2 ⅛ x 3 ⅝ (piece D)
- 24 @ 1 x 3 (piece E)

#### Leaves

- 24 @ 1 ⅝ x 3 (piece F)
- 6 @ 1 ¼ x 4 ½ (piece G)
- 6 @ 1 ¼ x 3 (piece H)

#### Flower Center

- 48 @ 1 ⅛ x 1 ⅛ (piece I)

#### Petals

##### Dark Teal

- 3 @ 5 ¾ x 5 ¾ (piece J)

##### Dark Raspberry

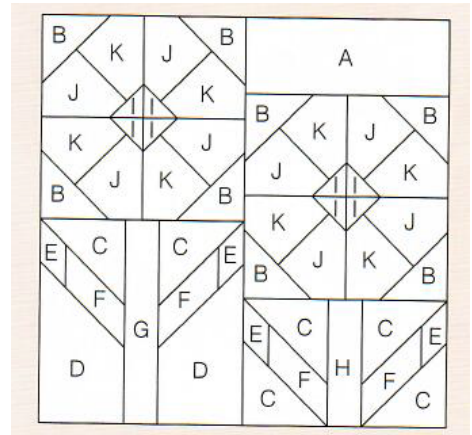
- 3 @ 5 ¾ x 5 ¾ (piece J)

##### Light Teal

- 3 @ 5 ¾ x 5 ¾ (piece K)

##### Light Raspberry

- 3 @ 5 ¾ x 5 ¾ (piece K)



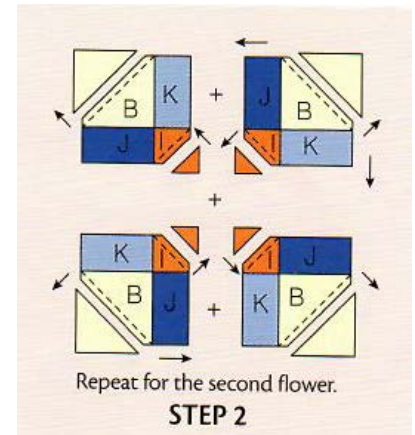
### Making Flower Blocks:

**Step 1:** Make 24 Teal HST units and 24 Raspberry units with the 5 ¾ x 5 ¾ squares, using the Magic 8 (Eight at a time) Half-Square Triangle Units Technique.

- Place 2 squares with right sides together. Draw a line diagonally corner to corner, both directions, using a mechanical pencil or Frixion® pen.
- Stitch ¼" on each side of the drawn lines.
- Cut the squares in both directions, horizontally and vertically.
- Cut the squares diagonally corner to corner.
- Press to the dark side.

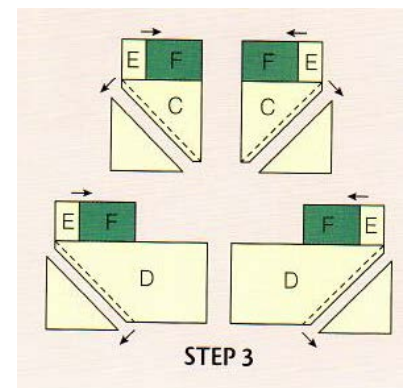
### Step 2:

- Draw a line diagonally corner to corner the back of piece B.
- Place rights sides together on a corner so that the marked line is perpendicular to the sewn line of your HST.
- Sew on the line. Trim and Press out.
- Continue for all 24 HST blocks.
- Repeat the process with piece C, placing it on the opposite corner.
- Sew together to make 6 of each color flower.



### Step 3:

- Draw a line diagonally corner to corner the back of piece C.
- Sew piece E to piece F on the long side. Press towards F
- Turn 12 pieces so E is on the left side and 12 pieces so F is on the left side. Set 6 of each aside.
- Using the first stack (E on left) layer piece C (RST) so that the drawn line intersects the bottom right corner. Sew on the line. Trim and press out.
- Repeat for the second stack (F on left) having the drawn line intersect the bottom left corner. Sew on the line. Trim and press out.

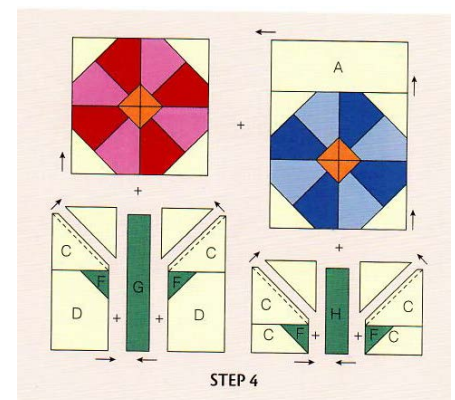


Now we will tackle the other pieces you have set aside. You will do the same thing except this time you are using piece D which is a rectangle not a square.

- Lay piece D on the remaining E/F pieces as shown in the diagram. You will be able to draw your line after placement from the top of D to the bottom corner of F.
- Sew on the line. Trim and press out.
- Repeat going the opposite direction.

### Step 4:

- Repeat the process again, this time placing the remaining piece C on the top of the E/F pieces. Sew on the line, trim, press out.
- At this point you will have four sets of six pieces. Two sets will be 4 ½ inches tall, half pointing to the right and half to the left. Two sets will be 3 inches tall, also half pointing each direction.
- Sew to both sides of pieces G & H
- Continue building your blocks by adding the Raspberry flowers to the 4 ½ inch stem and the Teal flowers to the 3 inch. Add piece A to the top of the Teal Flower.
- Sew flowers together in sets of two. Combine to make a row of 12 flowers.





# BOM 2020

## A Walk in the Woods

### Part 4: 4" Pathway

Make 8

**Fabrics/Cutting:**

- Dark Grey
  - 1 @ 1 ¼ x WOF
- Light Grey
  - 1 @ 1 ¼ x WOF
- Green
  - 16 @ 2 x 2
  - 16 @ 3 x 3 (cut diagonally)
  - 3 @ 4 ½ x 4 ½
  - 2 @ 2 ½ x 4 ½

**Sewing:**

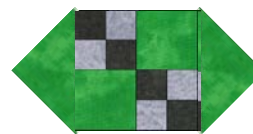
Sew light grey and dark grey strips together. Cut in half. Layer right sides together as shown (one light grey on top the other dark grey on top). Cut into 1 ¼ inch sections. Sew pairs together nesting center seams. Spin the seams when pressing. Make 16



Using the 2" green squares and the grey 4-patch units, make 8 blocks



Add a triangle to 2 sides, iron towards the triangle. Add triangles to the other two sides. Trim to 4 ½"



Sew into pairs. Be sure to have your "path" running vertically. Make 4 pairs.

Combine all pairs, and green squares following the diagram below.







# BOM 2020

## A Walk in the Woods

### Part 5: 12" Houses

Make 4

#### Fabrics/Cutting:

12" Houses: Make 4

Roofs (blue and red)  
8 @ 3 1/2 x 6 1/2

Sky (Sky blue)  
16 @ 3 1/2 x 3 1/2

Walk Way (gray-same as pathway)  
4 @ 1 3/4 x 12 1/2

#### For each Building you will need:

A. 1 @ 1 3/4 x 6 1/2

B. 1 @ 1 1/2 x 2

C. 1 @ 1 3/4 x 4 1/2

D. 1 @ 1 1/2 x 2 3/4

E. 1 @ 2 x 3

F. 2 @ 1 1/2 x 7

Windows (Light)

2 @ 2 x 2

1 @ 2 x 2 3/4

Doors (same as roofs)

1 @ 2 x 4 1/4

***You will be making 8 Houses to form the 4 - 12" blocks. I listed the pieces for each house. If you want them the same you will need to multiply the pieces. Have fun and be creative.***

#### Sewing:

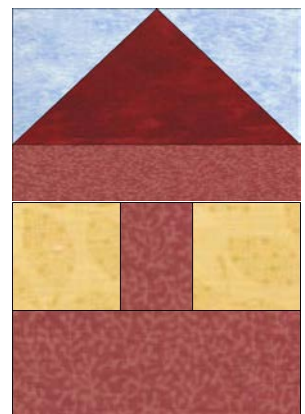
Roofs- The roof is a flying geese unit. Use the Stitch and Flip method to make them.

- Draw a line diagonally corner to corner on the back of all the Sky pieces
- Place one right side together on a corner of your roof piece. Sew on the drawn line. Trim and Press out. Make 8
- Repeat the process with the remaining Sky pieces, placing on the opposite corner.
- Add Piece A to the bottom. Press towards piece A on half.



#### Buildings-

- Sew One 2 x 2 window and piece B together. Add the Second 2 x 2 window. Press both towards piece B
- Add piece C to the bottom, pressing towards piece C.



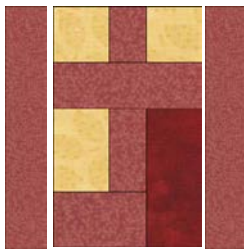
Buildings (continued) -

- Sew the remaining window piece (2 x 2 ¾) to piece D.
- Add piece E to the bottom pressing towards piece E. For half of the houses you will need to put piece D on the right and half on the left side.



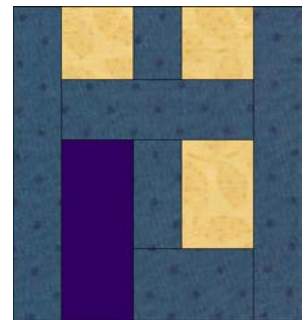
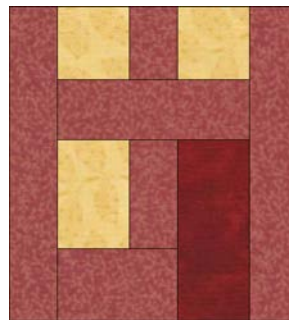
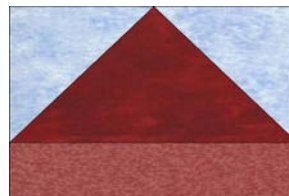
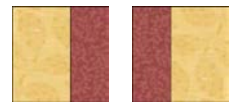
- Add the Door piece to the “colored” side of the unit. 4 will be on the right and 4 will be on the left.

- Continue building your house by adding the window unit to the top. Press towards the windows.

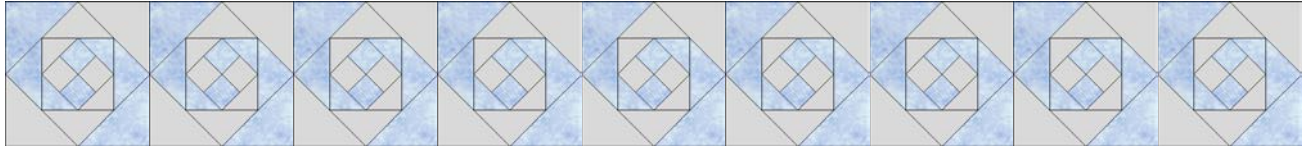


- Add pieces F to both sides.
- Add Roof unit to top pressing one up and one down

- Sew two houses together nesting the seams. Notice how the doors are in the center, this is important as this will make your pathways lead right up to the doors.



- Add a walkway to the bottom.



# BOM 2020

## A Walk in the Woods

### Part 6: 4" Smoke

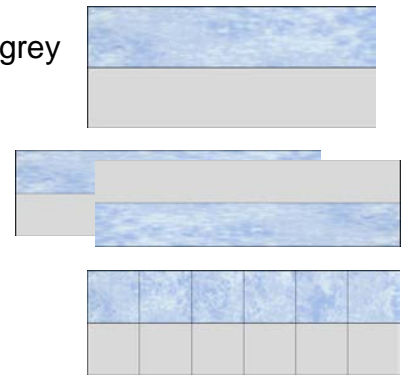
Make 12

Fabrics:

- Sky Blue **AND** Light Grey
- 12 @ 3 x 3 (cut diagonally)
- 12 @ 2 x 2 (cut diagonally)
- 6 @ 3 ¼ x 3 ¼ (cut diagonally **twice**)
- 2 @ 1 ¼ x 16

Sewing:

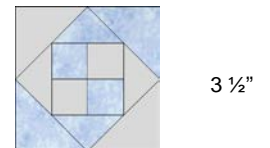
- Sew a 1 ¼ x 16 sky blue strip lengthwise to a 1 ¼ x 16 light grey strip.
- Press the seam allowance towards the darker strip. Repeat for second set of strips.
- Layer strips, right side together (RST), nesting the seam.
- Cut into 12 – 1 ¼ segments.
- Sew together to form a four-patch unit. Spin seams when pressing, Make 12

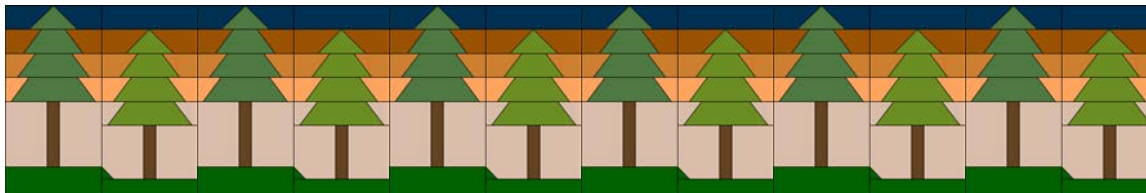


**Triangles:**

The triangles increase in size around the center. Speed up assembly by chain piecing on triangle position at a time.

- Fold triangles in half to find the midpoint along their longest edge. Match the midpoint to the seam in the four-patch unit RST and sew.
- Sew a sky blue triangle, cut from the 2" squares to opposite sides of the center, orienting it as shown. Press seam allowances towards the triangles. Trim Dog Ears.
- Sew grey triangles of the same size to the remaining sides. Press.
- Continue adding triangles in pairs around the block, working from smaller to larger triangles and referring to the diagram for placement. Finished block will measure 4 ½"





# BOM 2020

## A Walk in the Woods

### Part 7: 8" Trees

#### Make 6

#### Fabrics:

Background

Pink      A    12 @ 2 1/8 x 3 1/8  
               B    12 @ 2 1/8 x 2 5/8  
               C    12 @ 1 1/2 x 1 1/2

Light coral    C    12 @ 1 1/2 x 1 1/2  
                   D    12 @ 1 1/2 x 1 7/8

Med. coral    D    12 @ 1 1/2 x 1 7/8  
                   E    12 @ 1 1/2 x 2 1/8

Dark coral    E    12 @ 1 1/2 x 2 1/8  
                   F    12 @ 1 1/2 x 2 1/2

Dark Blue    F    12 @ 1 1/2 x 2 1/2  
                   G    6 @ 1 1/2 x 4 1/2

I    12 @ 1 1/2 x 3 1/4  
 J    12 @ 1 1/2 x 3 3/4  
 K    12 @ 1 1/2 x 4 1/2



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Brown

L    6 @ 1 1/4 x 3 1/8  
 M    6 @ 1 1/4 x 2 5/8

Ground

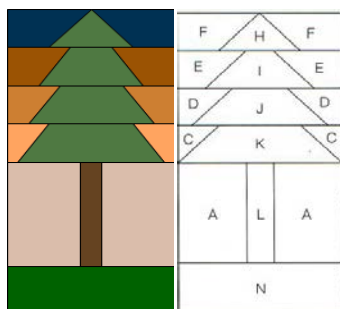
N    6 @ 1 7/8 x 4 1/2  
 O    6 @ 1 3/8 x 4 1/2  
 P    6 @ 1 x 1

Green (one each/tree, 2 trees/block)

H    12 @ 1 1/2 x 2 1/2

#### Sewing:

Tree 1 (Make 6) Follow the diagram to make your tree tops.

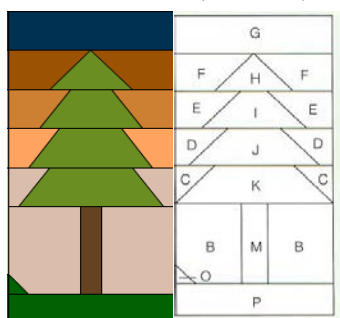


For Tree 1 use the following pieces:

- C – Light Coral
- D – Medium Coral
- E – Dark Coral
- F – Dark Blue
- H-K – Green

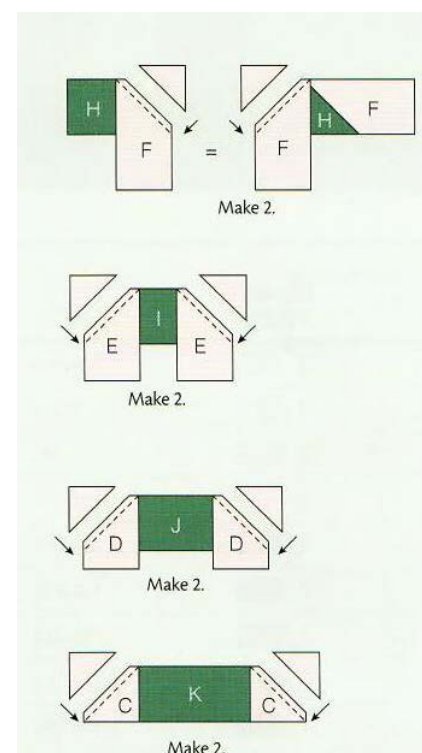
Use Background *piece A* and Brown *piece L* to make the tree trunks. Add Ground *piece N* to the bottom.

Tree 2 (Make 6)



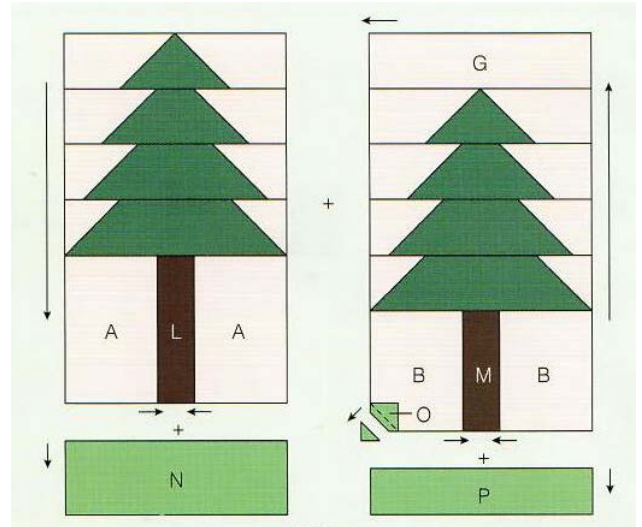
For Tree 2 use the following pieces:

- C – Pink
- D – Light Coral
- E – Medium Coral
- F – Dark Coral



## H-K – Green

Use Background *piece B* and Brown *piece M* to make the tree trunks. Using the Stitch & Flip Method, add Ground *piece O* to the bottom left corner of *piece B*. Add Ground *piece P* to the bottom.

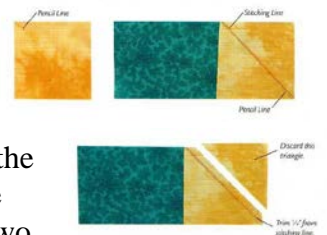


## Stitch & Flip Method

- Some patterns will call for you to draw a thin pencil line diagonally through a piece in order to sew it to the next piece. DO NOT sew right on the drawn line. Sew on or two threads to the right of it. This ensures the piece will be the correct size after pressing. If you sew exactly on the pencil line, the piece will likely be too small after pressing.
- I use a mechanical pencil with 0.5mm lead. This keeps the line very fine. Regular pencils dull quickly and the line is wider than necessary.
- When sewing from on corner, I start sewing on a scrap piece of fabric, then onto the square/rectangle. This prevents distortion on the first couple of stitches and keeps it from getting pulled into your throat plate.
- I also like to use an open-toe foot so that I can clearly see the pencil line.

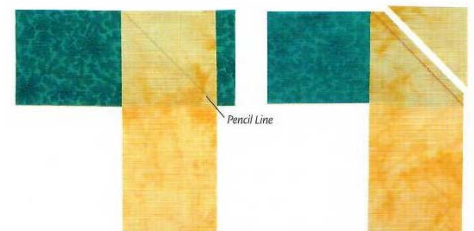
## Sewing on the Diagonal Using a Square and a Rectangle

1. On the wrong side of the fabric, draw a diagonal line across the square. With right sides together, place the square on the rectangle. Stitch one or two threads to the right of the line.
2. Press the square according to the pressing arrows in the block instructions. Carefully cut  $\frac{1}{4}$ " away from the stitching line. Discard the extra. (Depending on the size or blocks, I will often sew a second line  $\frac{1}{2}$ " to the right of the first stitching line. I will then cut between the two lines. This gives me an accurate piece for my project and sews the scraps into a HST for later use. No waste!)



## Sewing on the Diagonal Using Two Rectangle

1. In order to draw a pencil line on the rectangle, position the top rectangle a little away from the edge of the bottom rectangle. This allows you to see where to draw the diagonal pencil line.
2. Draw the line from the upper corner diagonally to



where the rectangles meet ( $45^\circ$ ). Move the top rectangle so the edges of the two rectangles are even. You are now ready to sew, press, and trim.



# BOM 2020

## A Walk in the Woods

### Part 8: 6" Mountains

Make 8

Fabrics:

Green

6 @  $5 \frac{3}{4}$  x  $5 \frac{3}{4}$

8 @  $2 \frac{1}{2}$  x  $2 \frac{1}{2}$

Blue (same as the blue in Part 7: Trees)

5 @  $5 \frac{3}{4}$  x  $5 \frac{3}{4}$

Dark Blue (will be used again in Part 9: Stars)

5 @  $5 \frac{3}{4}$  x  $5 \frac{3}{4}$

8 @  $2 \frac{1}{2}$  x  $4 \frac{1}{2}$

#### Half Square Triangles:

Make 40 HST units with the  $5 \frac{3}{4}$  x  $5 \frac{3}{4}$  green and blue squares and 8 HST units with the green and dark green, using the Magic 8 (Eight at a time) Half-Square Triangle Units Technique. To figure out how big to make your Magic 8 squares, use the formula:  $\text{HST finished size} \times 2 + 1 \frac{3}{4}$ ". Our HST need to be 2 finished, so... $2" \times 2 = 4" + 1 \frac{3}{4}" = 5 \frac{3}{4}"$

*Unless you have a very accurate very scant  $\frac{1}{4}"$  seam, add an extra  $\frac{1}{4}"$  and cut your blocks at 6" then trim after you press.*

Place 2 squares with right sides together. Draw a line diagonally corner to corner, both directions, using a mechanical pencil or Frixion pen.

Stitch  $\frac{1}{4}"$  on each side of the drawn lines.

Cut the sewn square through its vertical midpoint. Use the center "box" created by seams and the original marked lines as a guide. You will have two rectangular sections. Use the same technique to cut each in half at the horizontal midpoint. Now cut each section on the drawn line.

Press towards the Blue on the Blue/Green blocks and towards the Green on the Dark Blue/Green blocks. Trim to  $2 \frac{1}{2}"$ .

Assemble Blocks as shown below.



**Mountain A (Make 4)**

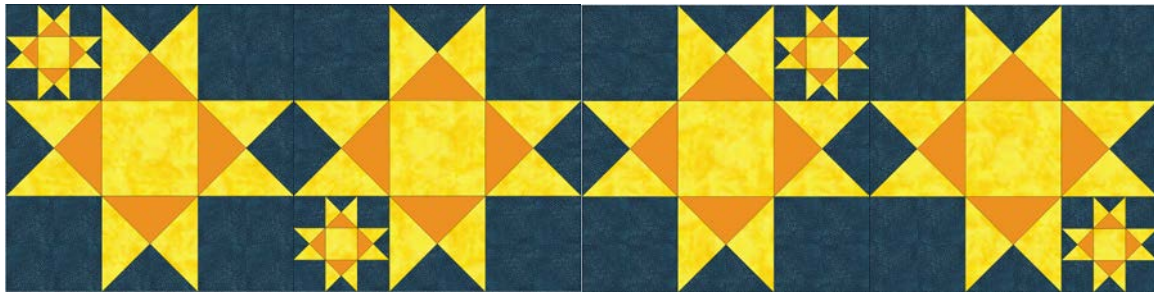


**Mountain B (Make 4)**



**Sew your mountains together alternating Mountain A and Mountain B.  
Begin with Mountain A**





# BOM 2020

## A Walk in the Woods

### Part 9: 12" Stars

Make 4

#### Fabrics:

Dark Blue

(same as the blue in Part 8: Mountains)

**A** 4 @ 5 ¼ x 5 ¼

**B** 12 @ 4 ½ x 4 ½

**C** 4 @ 2 ⅝ x 2 ⅝

**D** 16 @ 1 ⅞ x 1 ⅞

Yellow

**A** 8 @ 5 ¼ x 5 ¼

**B** 4 @ 4 ½ x 4 ½

**C** 8 @ 2 ⅝ x 2 ⅝

**D** 4 @ 1 ⅞ x 1 ⅞

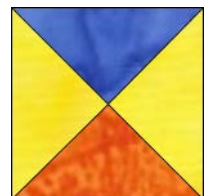
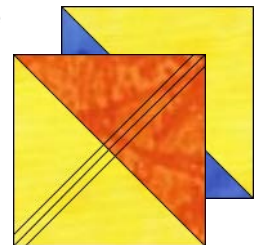
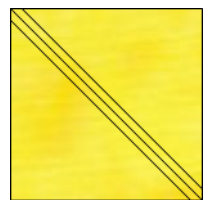
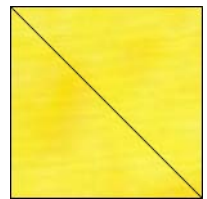
Orange

**A** 4 @ 5 ¼ x 5 ¼

**C** 4 @ 2 ⅝ x 2 ⅝

#### Sewing

1. With a mechanical pencil or Frixion marker, draw a line diagonally from corner to corner on the back of the **Yellow A** blocks. Layer right sides together (RST) with the **Dark Blue A** blocks and the **Orange A** blocks.
2. Sew a scant ¼" on each side of the drawn line. Press to set the seam. Cut on the line. Press towards the blue and orange.
3. Draw a line diagonally from corner to corner on the back of the **Yellow/Orange** blocks. Layer right sides together (RST) with the **Yellow/Blue** blocks turning them so that the Orange and Blue triangles are opposite of each other, nesting the seams. Sew a scant ¼" on each side of the drawn line. Press to set the seam. Cut on the line. Spin your seams as you press the blocks. Each block should measure 4 ½ x 4 ½ Make 16
4. Repeat with the **C blocks**. Each block should measure 1 ⅞ x 1 ⅞ Make 16



### Assembling the Star Block

Begin with the smaller block, follow the diagram. Make 4

For the larger 12 ½ block, use the 4 ½ block as a corner. Make 4

Rotate placement of smaller star as you sew the stars into a row.

