

Flour Sack Scarf

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Supplies

- ❁ 1 flour sack towel
- ❁ Sewing machine with embroidery stitches
- ❁ Coordinating thread with matching bobbins
- ❁ Sulky Solvy (heavy)

Optional:

Serger

trim

Step 1:

- ✿ Cut towel in half



Step 2:

- ✿ Sew or serge strips together, end to end to create one 60" long flour sack strip



Step 3:

- ✿ Steam press newly created 60" strip

Step 4:

- ✿ Serge or narrow hem long edges of scarf

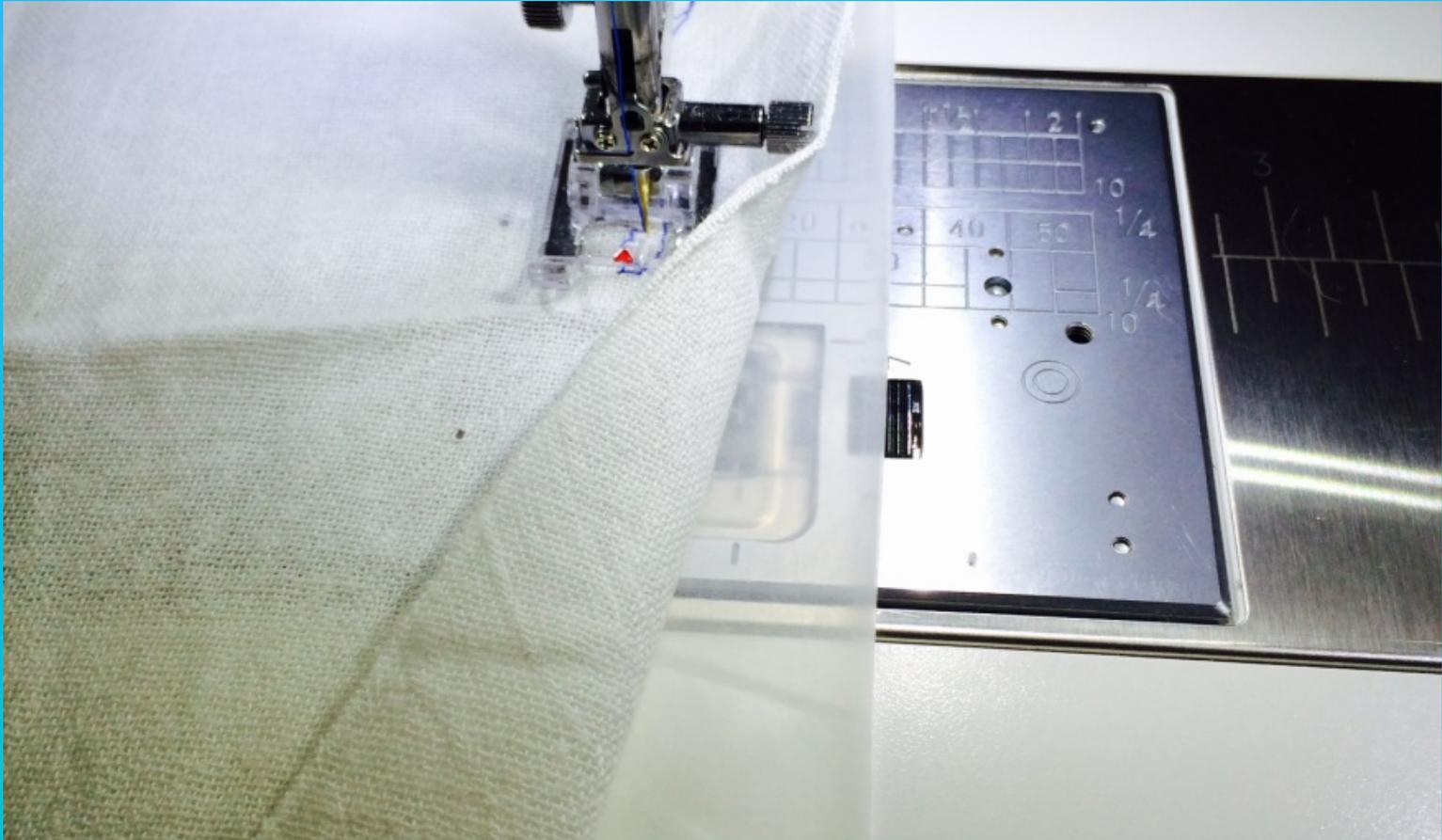
Step 5:

- ✿ Cut a strip of sulky solvy heavyweight the same width and length as your scarf

Step 6:

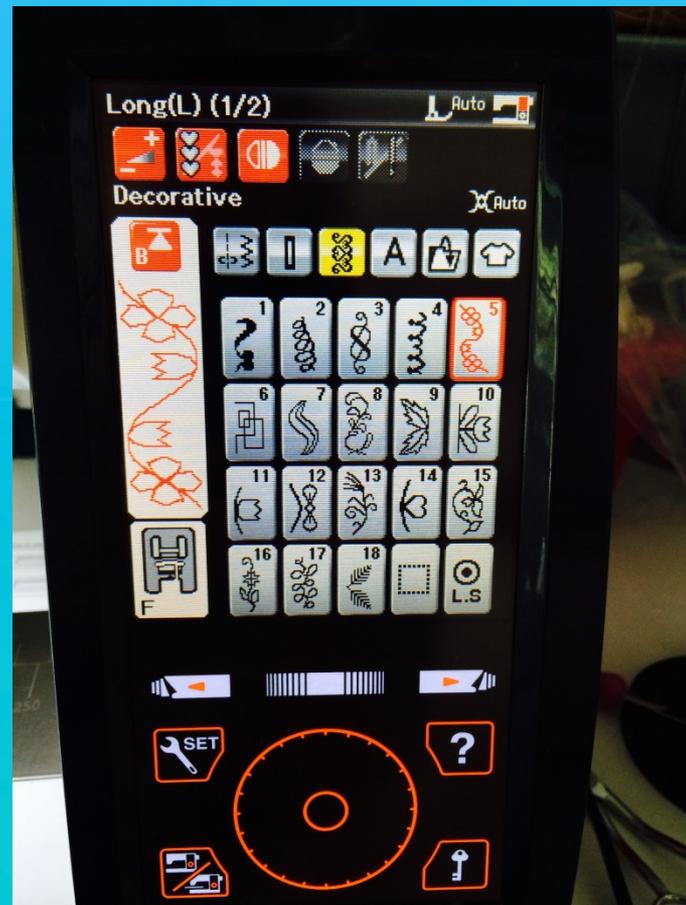
- ✿ Place sulky solvy strip beneath flour sack strip

Step 6:



Step 7:

- ✿ Choose your first stitch pattern



Step 7:

- ✿ Determine where you want your first line of stitching, mark a measurement on your machine bed
- ✿ Begin sewing

Step 8:

- ✿ Continue adding lines of stitching changing colors if you wish, until you are happy with your results!
- ✿ Note: using your quilting guide bar can be helpful when you begin stitching the center lines of your creation.

Notes while sewing

- ❁ Note: It's very helpful to have digital movies to watch as you sew. Each scarf took a total of 3 hours to sew! That's four episodes of "Lie to Me" and four episodes of "Justified"
- ❁ I set my I-phone on top of my machine, turned on Netflix and sewed happily.

Step 9:

- ✿ Serge, narrow hem or add trim to ends of scarf

Voila!

