# In-the-hoop Mug Rug

Milinda Jay Stephenson



## Supplies

- One 9x13" thermal liner material (I use polar fleece)
- One 9x13" main fabric (quilter's cotton or your choice of fabric)
- Three 3" by 4" pieces for heart
- Four 2"x3" pieces for heart outline
- One 9x13" backing fabric
- One 5" by 7" solid contrasting fabric for right side of mug rug
- Two 3" x 8" color strips for bottom stripes
- Four 2" x 8" color strips for mug rug borders
- Thread for quilting and coffee cup embroidery designs

#### Step 1

- Load design onto your embroidery machine
- Mugrug.jef
- Open design
- Center design
- Enlarge if desired

### Step 2

Hoop thermal liner and main fabric

#### Step 3: Heart

- Color 1: placement line for heart right side. Lay fabric slightly below stitching line with majority of fabric above line.
- Color 2: sew down line for heart right side. Press fabric over stitching line
- Color 3: placement line for heart outline upper right side. Lay fabric slightly right of stitching line with majority of fabric to the left of line.
- Color 4: sew down line for heart outline upper right side. Press fabric over stitching line
- Color 5: placement line for heart center. Lay fabric slightly left of stitching line with majority of fabric to the right of line.
- Color 6: sew down line for heart center. Press fabric over stitching line
- Color 7: placement line for heart bottom. Lay fabric slightly left of stitching line with majority of fabric to the right of line.
- Color 8: sew down line for heart bottom. Press fabric over stitching line
- Color 9: placement line for heart outline lower right side. Lay fabric slightly right of stitching line with majority of fabric to the left of line.
- Color 10: sew down line for heart outline lower right side. Press fabric over stitching line
- Color 11: placement line for heart outline lower left side. Lay fabric slightly left of stitching line with majority of fabric to the right of line.
- Color 12: sew down line for heart outline lower left side. Press fabric over stitching line
- Color 13: placement line for heart outline upper left side. Lay fabric slightly left of stitching line with majority of fabric to the right of line.
- Color 14: sew down line for heart outline upper left side. Press fabric over stitching line

## Step 4: Right side of Mug Rug

- Color 14: Placement line for right side of mug.
  Sew. Place solid contrasting fabric on line with overhang to left of line.
- Color 16: sew down. Press fabric to right of line.

### Step 5: Upper Bottom Stripe

- Color 17: placement line. Place fabric strip on placement line with overhang above line
- Color 18: Sew down line. Sew down fabric and press fabric to right of line

#### Step 6: Lower Bottom Strip

- Color 19: placement line. Place fabric strip on placement line with overhang above line
- Color 20: Sew down line. Sew down fabric and press fabric to right of line

## Step 7: Quilting

- Sew color 21, heart quilting lines
- Note: first is a straight line at the bottom of your mug rug. If you want to skip to the hearts, cursor your stitches forward to the first heart.

#### Step 8: Borders

- Color 22: sew down line for bottom border. Place border fabric on line slightly below bottom of quilted hearts. Sew and press to the outside
- Color 23: sew down line for top border. Place border fabric on line slightly above top of quilted hearts. Sew and press to the outside
- Color 23: sew down line for right border. Place border fabric to the right of hearts. Sew and press to the outside
- Color 24: sew down line for left border. Place fabric to left side of quilted hearts. Sew and press to the outside.

## Step 9: Coffee Cup

- Color 26: coffee
- Color 27: Coffee Cup
- Color 28:vine
- Color 29: flower

## Step 10: Backing

- Before sewing color 30, place fabric backing on top of embroidery.
- Color 30: Sew Down Line for fabric backing.
- This color will secure the back of your mug rug to the front.

#### Step 11: Remove from hoop

- Remove fabric from hoop
- Trim around edges to ¼"
- Turn fabric right side out through opening and press
- Hand or machine sew opening close

#### Voila!

Enjoy your quilted mug rug!